

# CENTURY BALLROOM CLASS SCHEDULE

## AUGUST 2010

	SUN 8/8-8/29		MON 8/9-8/30 *5 wk session: 8/2-8/30			TUE 8/10-8/31 *5 wk session: 8/3-8/31			WED 8/11-9/1		THU 8/12-9/2		
	Century	East Hall	Century	East Hall	HaLo	Century	West Hall	East Hall	Century	East Hall	Century	West Hall	East Hall
<b>4:00</b>													
<b>4:30</b>													
<b>5:00</b>													
<b>5:30</b>													
<b>6:00</b>													
<b>6:30</b>		<b>BACHATA 1</b> 6:00-7:15 <i>Alison &amp; Deron</i>											
<b>6:30</b>	<b>LINDY 1</b> 6:30-7:45 <i>Josh &amp; Melanie</i>		<b>SALSA 3b</b> 6:30-7:45 <i>Hallie &amp; Deron</i>	<b>SALSA FTWK</b> 6:45-7:30 <i>Varies</i>		<b>TANGO 2*</b> 6:30-7:30 <i>Greg &amp; Lera</i>		<b>WCSW 2a</b> 6:30-7:45 <i>Hallie &amp; Deron</i>	<b>LINDY 2b</b> 6:30-7:45 <i>Mark &amp; Darla</i>	<b>SALSA 4</b> 6:30-7:45 <i>Hallie &amp; Deron</i>	<b>SALSA 1</b> 6:30-7:45 <i>Alison &amp; Justin</i>	<b>WC SWING 1</b> 6:30-7:45 <i>Hallie &amp; Deron</i>	
<b>7:00</b>							<b>EC SWING 1</b> 7:00-8:15 <i>Mark &amp; Darla</i>						
<b>7:30</b>		<b>SALSA 1</b> 7:15-8:30 <i>Alison &amp; Deron</i>				<b>TANGO 3*</b> 7:30-8:30 <i>Greg &amp; Lera</i>		<b>WCSW 3</b> 7:45-9:00 <i>Joshua &amp; Deron</i>	<b>LINDY 3</b> 7:45-9:00 <i>Mark &amp; Darla</i>	<b>BACHATA 2</b> 7:45-9:00 <i>Alison &amp; Deron</i>	<b>SALSA 3b</b> 7:45-9:00 <i>Hallie &amp; Alison</i>	<b>SALSA 2b</b> 7:45-9:00 <i>Deron &amp; Justin</i>	<b>POP EXPLOSION</b> 7:30-8:45 <i>Dance Belt</i>
<b>8:00</b>	<b>LINDY 2a</b> 7:45-9:00 <i>Josh &amp; Melanie</i>		<b>SALSA 2a</b> 7:45-9:00 <i>Hallie &amp; Deron</i>		<b>TANGO 1*</b> 8:00-9:00 <i>Greg &amp; Lera</i>								
<b>8:30</b>						<b>TANGO 4*</b> 8:30-9:30 <i>Greg &amp; Lera</i>	<b>EC SWING 2</b> 8:15-9:30 <i>Mark &amp; Darla</i>						
<b>9:00</b>													
<b>9:30</b>													



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|-------------------------------------|-----|--|-----|--------------------------------------|-----|
| <input type="checkbox"/> Bachata 1  | Sun | <input type="checkbox"/> Pop Explosion | Thu | <input type="checkbox"/> Tango 1*    | Mon |
| <input type="checkbox"/> Bachata 2  | Wed | <input type="checkbox"/> Salsa 1       | Sun | <input type="checkbox"/> Tango 2*    | Tue |
| <input type="checkbox"/> EC Swing 1 | Tue | <input type="checkbox"/> Salsa 1       | Thu | <input type="checkbox"/> Tango 3*    | Tue |
| <input type="checkbox"/> EC Swing 2 | Tue | <input type="checkbox"/> Salsa 2a      | Mon | <input type="checkbox"/> Tango 4*    | Tue |
| <input type="checkbox"/> Lindy 1    | Sun | <input type="checkbox"/> Salsa 2b      | Thu | <input type="checkbox"/> WC Swing 1  | Thu |
| <input type="checkbox"/> Lindy 2a   | Sun | <input type="checkbox"/> Salsa 3b      | Mon | <input type="checkbox"/> WC Swing 2a | Tue |
| <input type="checkbox"/> Lindy 2b   | Wed | <input type="checkbox"/> Salsa 3b      | Thu | <input type="checkbox"/> WC Swing 3  | Tue |
| <input type="checkbox"/> Lindy 3    | Wed | <input type="checkbox"/> Salsa 4       | Wed | *5 wk session / 1hr classes          |     |

Name 1 \_\_\_\_\_ Lead/Follow \_\_\_\_\_

Name 2 \_\_\_\_\_ Lead/Follow \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

How would you prefer to be contacted? (Circle one) USPS / EMAIL

# CLASS DESCRIPTIONS AND PREREQUISITES

Pre-requisites are in parentheses after class name  
More details available at [www.CenturyBallroom.com](http://www.CenturyBallroom.com)

## WEST COAST SWING

Evolved from Lindy Hop, West Coast is danced to every style of groovy music including R&B, soul, disco, and country western. This slot dance allows for lots of personal expression for both lead and follow, allowing you to style it funky, jazzy, slinky, or swingin'.

**WC Swing 1** (None)

**WC Swing 2a/2b** (WC Swing 1) Take in either order.

**WC Swing 3** (WC Swing 2a AND 2b)

Learn how to spice up your West Coast with complex patterns, styling, syncopations & musicality.

**Instructors:** Hallie, Deron &  
Guest Instructor, Joshua Sturgeon

## ARGENTINE TANGO

Tango is a complex and sultry dance based on the simple principles of walking & turning.

**Tango 1** (None)

**Tango 2** (Tango 1)

**Tango 3** (See instructors)

**Tango 4 (Partner Required)** (See instructors)

See instructors if you need help finding a partner.

**Instructors:** Greg & Lera

## EAST COAST SWING

East Coast Swing is a social dance that evolved from Lindy Hop in the 1940's. Its six-count patterns are simpler than the original patterns of Lindy Hop.

**EC Swing 1** (None)

**EC Swing 2** (EC Swing 1)

**Instructors:** Mark & Darla

## BACHATA

Bachata is a Latin dance from the Dominican Republic characterized by sexy body movement, syncopated footwork and free style moves that alternate between closed and open position. We teach both Dominican-style Bachata (footwork & musicality) & Bachata Moderna (patterns & close embrace).

**Bachata 1** (Salsa experience recommended)

**Bachata 2** (Bachata 1 or Bachata experience)

**Instructors:** Alison & Deron

## LINDY HOP

The original form of Swing dancing from 30's & 40's Harlem, Lindy is a fusion of many dances, but is mainly based on jazz, tap, breakaway and Charleston.

**Lindy 1** (EC Swing 1 rec.)

**Lindy 2a/b** (Lindy 1) Take in either order.

**Lindy 3** (Lindy 2a AND 2b)

**Instructors:** Mark & Darla, Joshua & Melanie

## POP CULTURE

Our "Pop Culture" classes are non-partnered & super fun! Dance Belt, Seattle's Sexiest Dance Company (The Stranger, 2009) will break down popular dance moves from today's pop super stars.

**Pop Explosion** (None)

A series of four crazy hot dance video dances. Werk!

8/12: Madonna's "Don't Tell Me",

8/19: Christina Aguilera's "Dirrty",

8/26: Glee's "I Say a Little Prayer",

9/2: Lady Gaga's "Bad Romance"

**Instructors:** Dance Belt [Waxie Moon, Inga Ingenue & Ruby Mimosa (subbing in for Lou Henry Hoover)]

## SALSA

With its Latin and Afro-Cuban roots, slinky body movement, and variety of patterns, it's no wonder this easy-to-learn dance is the most popular one we teach.

**Salsa 1** (None)

**Salsa 2a/b** (Salsa 1) Take in either order.

**Salsa 3a-f** (Salsa 2a AND 2b) Take in any order.

**Salsa 4** (By invitation only)

**Drop-In Footwork & Styling** (Salsa 1)

Taught in rotation by Deron, Alison & other local Salsa instructors so you get a wide variety of styles!

**Instructors:** Hallie, Alison, Deron & Justin

## WALTZ

Waltz is a ballroom dance done in 3/4 time that takes its name from the German word "walzen" meaning to roll, turn, or to glide.

Waltz classes are taking the summer off, but will be back in September.

## HOW TO REGISTER

Choose one of four ways to register for classes:

1. On the web at [www.CenturyBallroom.com](http://www.CenturyBallroom.com).
2. Flip this sheet over and fill out registration form. Mail or drop off forms and checks made payable to Century Ballroom, 915 East Pine St., Seattle, WA 98122. Call office first to confirm that the class is still open.
3. Call 206.324.7263 (10:30 - 4:30pm, M-F) with Visa or MC.
4. Come to the first class and register at the door (Least reliable option - classes often fill up.)

## SERIES CLASS PRICING

All classes (except Tango) this session are FOUR weeks long and 75 min for a total of FIVE hours. Tango classes are the normal FIVE weeks long and 60 min for a total of FIVE hours.

Five/Four Week Series (5 hrs total) \$60 \$5 discount if payment is received at least one week prior.

Series Class Drop-in \$18/75min class or \$15/60min class

You may drop in to a series class if you have had the class before AND the class is unbalanced in your favor.

Drop-in Salsa Footwork (Mon) \$10

**You will not receive a confirmation; please come to the first night of class.**